

Image Transformation Therapy (ImTT)



SACAC Counselling continues to contribute to Singapore's professional mental health community by bringing a series of world-class programs either complimentary or at a nominal price. The first in the series is a new age modality: Image Transformation Therapy (ImTT).

ImTT is a major breakthrough in the treatment of trauma, OCD, depression, anxiety. Intense feelings, such as terror, pain, guilt, and shame, which are often a major obstacle to treatment, can be released without the person having to feel them. In addition, ImTT also utilizes a new model of psychological dynamics called the Survival Model of Psychological Dynamics that provides an effective and efficient approach to treating mental disorders. The result is that both emotional and behavioral changes are easier, gentler, and faster.

About the Presenter - Dr. Robert Miller

Dr. Miller began developing the techniques of ImTT because of the need for a better approach to the avoidance dynamic that causes relapses. Eventually, an entirely new therapy developed that resolves some of the most difficult disorders, including PTSD and OCD.

Dr. Miller worked at the Naval Hospital Camp Pendleton as a psychologist, working with active duty Marines and Navy personnel who are suffering from combat PTSD.

Dr. Miller is currently in private practice in Del Mar, CA. and doing research on the application of ImTT for the treatment of OCD, trauma, anxiety, co-dependence, and many other disorders.

Introductory Session:

Session will be conducted over Zoom

Tues 02/11/21 - 8 am to 10 am

or

Tues 30/11/21 - 9 am to 11 am

Offered complimentary

Workshop:

Sessions will be conducted over Zoom

Workshop - Level 1 (15 hours)

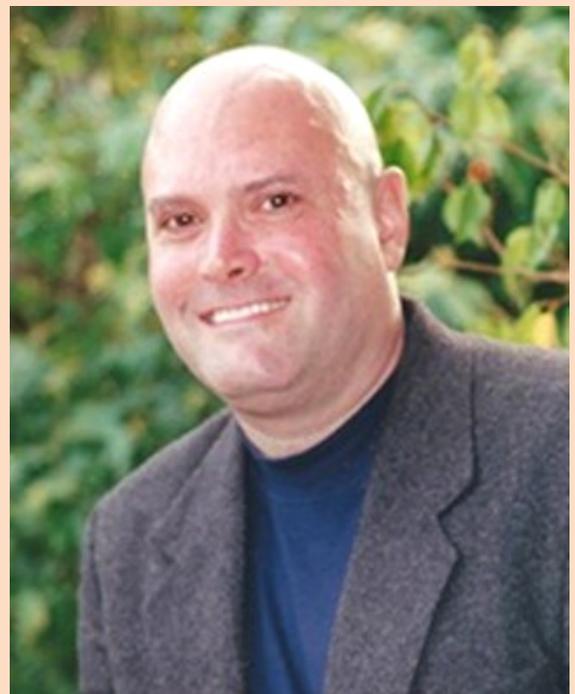
Day 1 - Fri 11/02/22 - 8 am to 1 pm

Day 2 - Sat 12/02/22 - 8 am to 1 pm

Day 3 - Sun 13/02/22 - 8 am to 1 pm

Price after 80% discount - S\$150 excl. GST

Click [here](#) to register to secure your spot.



Who is this for? Psychologists, counsellors, social workers, and the professional mental health community.

Any questions? Please write to us at pd@sacac.sg.

For more information on ImTT: please visit www.imttherapy.com.